

GENESIS OB/GYN, INC.

LASER SURGERY OF THE CERVIX, VAG, AND VULVA:
DISCHARGE INSTRUCTIONS

Laser treatment is a good method of treating many superficial diseases of the cervix, vagina, and vulva. It is very similar to a scalpel except that there is very little blood loss when it is used and there is very little scarring after the tissue has healed. Laser is used to treat a variety of benign and early malignant diseases of the cervix, vagina, and vulva.

Specific instructions:

LASER SURGERY TO THE CERVIX OR VAGINA:

Post-operatively from laser surgery to these areas, you should expect a red, watery discharge for up to 10 days after treatment. A sanitary pad, not a tampon, should be used. If heavy bright red bleeding occurs, but is heavier than a period, you should call the office for instructions or call the Exchange at night.

You should make an appointment to be seen in the office in 2 weeks and until that time you should not put anything into the vagina. You should not douche, have sexual relations, or use tampons until your follow up visit.

You have been given some pain medication to be used if you have menstrual cramps or vaginal pain. Please use these every 3-4 hours as ordered or use Motrin, Advil, or Anaprox for less extensive pain relief. If the pain is severe, please call the office for further instructions.

Frequently we will give you sulfa cream called Sultrin which should be placed inside the vagina once or twice a day as ordered. This is an antibiotic cream that should fight any infection that might follow this treatment.

If you develop a fever over 100.3., you should call the office or Exchange for an antibiotic prescription.