



INSTRUCTIONS FOR ONE HOUR GESTATIONAL GLUCOSE

1. Nothing to eat or drink 1 hour prior to the test, including gum candy, etc.
2. Take your requisition with you to the lab. They will give you the Glucose to drink.

*****The hours for the lab in our office are 8:30 am to 11:00 am
and 1:00 pm to 3:30 pm.**

3. You must wait 1 hour after drinking the Glucose, no eating or drinking during that time and then have the blood work drawn.
4. You may want to bring crackers or something to snack on after the test is complete.